

FREE CLUB!!
For young adults
living with
mental health
problems



Want to meet some new people?
Try out the thing you've always wanted to have a go at?
Here's your chance...

Upcoming sessions:

- Tuesday 15th October: Music therapy/cookery
- Tuesday 5th November: Clapham Common fireworks display
- Tuesday 19th November: Candlelight tour of the John Soames Museum
- Tuesday 3rd December: Ice skating
- Tuesday 17th December: End of year party and festive meal
- Tuesday 7th/Wednesday 8th January: film night

We want to help you to connect with organisations within the community, finding new and exciting ways to spend your week.

Contact Hannah Reidy or Chris Street for details.

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CHECK OUT OUR WEBSITE!
www.sw18club.com